

# Not Caving into the Fear of Failure: The Pursuit of a Doctoral Degree

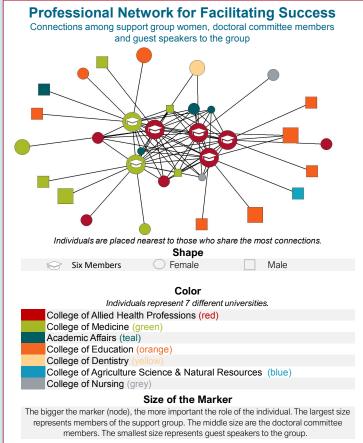
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# Common Barriers to Pursuing a Terminal Academic Degree Balancing Personal and Professional Responsibilities Fear Low Self-efficacy Uncertainty

"The group evolved from a shared interest in support, accountability, and trust for open dialog."

~ Quote from Group Member



# Components of a Successful Writing Group



# **Accountability**

- Regular Meetings
- Goal Setting
- Progress Updates

## **Mutual Trust**

- Positive Regard for One Another's Work
- Celebrations of Writing Milestones & Other
- Career and Personal Successes



# **Ongoing Development**

- Reference Tools & Library Services
- Writing Mechanics
- Turning the Dissertation into Publication
- Life after a Doctoral Program
- Deepen Interprofessional Network

"These women were amazing peer mentors as I worked on my research. I am incredibly thankful to them for setting goals, celebrating successes, and sharing experiences. We have grown as scholars and friends"

~ Quote from Group Member



# Selected References

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